










PROFESSIONAL DEVELOPMENT 2024-2025
EDUCATIONAL LEADERSHIP UNCENSORED, LLC
 MA DESE Provider # S20220016
 TERESA SULLIVAN, PH.D.











Locations: Gillis Family Tavern, Plimoth Grist Mill or Alden Park, Colony Place, Plymouth




Link to website

Workshops for Teachers and Paras	Date(s)/Fee	Description
<p>Cognitive Neuroscience for Educators</p> 	<p align="center">October 25, 2024</p> <p align="center">\$250</p> <p align="center">5 PDPs</p>	<ul style="list-style-type: none"> • Review the science of neuroplasticity and how to incorporate strategies into lesson design to build new neural pathways • Explore the role of sensory experiences and movement in learning • Examine how sleep, nutrition, and emotions effect attention, learning, and memory • Add elements of metacognition to lesson planning • Understand brain structures and functions across developmental stages with particular focus on executive function and processing speed • Apply neuroscience conceptual understanding to teaching strategies
<p>Pedagogy Power Up</p> 	<p align="center">November 12 - Part I AND November 13 - Part II</p> <p align="center">\$435</p> <p align="center">10 PDPs</p> <p align="center">Two full days</p>	<ul style="list-style-type: none"> • Refresh your current practice in response to a new kind of student • What is the pedagogical framework that informs our instructional strategies and what elements of contemporary pedagogy are missing from your repertoire? • Explore contemporary pedagogy and how to apply specific elements for personalized, phenomenon based, and project-based learning • Flex your 'go to' comfortable teaching style to meet diverse learners where they are • Examine the role of AI in lesson design and delivery • Workshop time to apply learned principles
<p>Student Engagement and Student-Centered Instruction</p> 	<p align="center">December 3 Part 1 AND December 4 Part II</p> <p align="center">\$435</p> <p align="center">10 PDPs</p> <p align="center">Two full days</p>	<ul style="list-style-type: none"> • Develop cognitive engagement best practices to promote self-directed, immersive learning. • Learn how to move students outside their comfort zones and close critical thinking gaps. • Transform compliance lessons and passive students into inquiry fueled lessons and intellectually engaged learners. • Harness curiosity to support creative self-efficacy and independent responsibility for learning. • Examine how exploration builds autonomy, motivates the learner, and increases engagement. • Elevate the learning zone over the performance zone. • Advance learning objectives from 'what students know and are able to do' to 'how students think and are able to apply'. • Workshop best practices and principles of student-centered learning

<p style="text-align: center;">Educator Wellness Reset & Refuel</p> 	<p style="text-align: center;">December 13, 2024 OR March 21, 2025</p> <p style="text-align: center;">\$250 ~ 5 PDPs</p> <p style="text-align: center;">Little Red Yoga Studio 71 Main Street Lakeville</p>	<ul style="list-style-type: none"> • Employ techniques to prioritize self-care and well-being • Build self-confidence, fortitude, and tenacity for the workplace • Disrupt the neural pathways causing stress and anxiety • Control the cognitive and sensory overload that impedes perceived success • Master strategies for self-regulation and time management • Manage the compassion fatigue of caring for youth <p style="text-align: center;">Apply and practice techniques in the yoga studio setting with certified staff</p>
<p style="text-align: center;">Thwarting Student Dysregulation and Defiance Classroom Management Playbook</p> 	<p style="text-align: center;">January 8, 2025</p> <p style="text-align: center;">5 PDPs</p> <p style="text-align: center;">\$250</p>	<ul style="list-style-type: none"> • Apply cognitive strategies to emotion regulation. • Employ purposeful relationship building strategies. • Recognize hypoarousal, hyperarousal, and cognitive fusion. • Practice defusion dos and don'ts. • Review classroom management fundamentals to thwart student defiance. • Add lesson elements that increase emotionally positive hormone levels (dopamine, oxytocin, serotonin, endorphins)
<p style="text-align: center;">The Grade Awakening I know, I think I know, I forget! Now what?</p> 	<p style="text-align: center;">February 26, 2025</p> <p style="text-align: center;">\$250</p> <p style="text-align: center;">5 PDPs</p>	<ul style="list-style-type: none"> • Disrupt the forgetting curve and re-imagine homework and grading! • Move from what students know and are able to do – to – how students think and are able to apply what they know. • What about grading product, process, and progress? (T. Guskey, 2015) • How do assessments develop metacognition, sustain rigorous engagement, and ask students to apply, create, contribute, and problem-solve? • Explore contract grading and conferencing. • Elevate assessing enduring understandings and transferable skills. • Are we grading compliance or cognition? Is it rigorous? Or just rigid?
<p style="text-align: center;">Inclusive Practices and MTSS (multi-tiered system of support) for the Classroom</p> 	<p style="text-align: center;">March 5, 2025</p> <p style="text-align: center;">\$250</p> <p style="text-align: center;">5 PDPs</p>	<ul style="list-style-type: none"> • Develop proactive, preventative, and tiered protocols • Apply UDL (Universal Design for Learning) principles in the classroom • Use school and specific student data to inform your practice and improve student achievement • Review pedagogical tier one practices for high quality instruction • Develop a tier one toolbox of interventions and supports • Review instructional elements of inclusive practices, metacognition, and social-emotional learning • Practice the integration of instructional and behavioral evidence-based interventions and supports to maximize student engagement and achievement

<p>Harnessing AI in the Classroom: Transforming Teaching and Learning</p> 	<p>March 12, 2025</p> <p>\$250</p> <p>5 PDPs</p> <p>David Murphy</p>	<ul style="list-style-type: none"> • Unlock the potential of artificial intelligence to enhance teaching and learning. • Learn how AI tools can personalize learning experiences and provide real-time feedback to students. • Explore ethical considerations and best practices for integrating AI in educational settings. • Engage in interactive sessions to apply AI technologies in lesson planning, assessment, and student engagement.
<p>Workshops for Leaders</p>	<p>Date(s)/Fee</p>	<p>Description</p>
<p>Leadership ACES - PLC</p> 	<p>3 Full Days</p> <p>\$750</p> <p>20 PDPs</p> <p>Oct. 23 Feb. 5 April 4</p>	<ul style="list-style-type: none"> • Examine relevant case studies and pressing issues using the ACES model • Accountability – learn strategies in holding others accountable vs. adding more to the plates of the strongest and most effective (including yourself) • Contributions –develop contribution-based practices that encourages course correction, purposeful collaboration, and milestone checkpoints • Expectations – implement a fire <i>prevention</i> leadership style • Support and Sustainability– apply the MA MTSS Blueprint of <i>support to staff</i>
<p>The Art of Accountability</p> 	<p>November 1, 2024</p> <p>\$250</p> <p>5 PDPs</p>	<ul style="list-style-type: none"> • Examine your supervision and evaluation practices • Is it a reprimand, a letter in personnel file, a warning, a day without pay, a recommendation to dismiss, or included in the performance evaluation? • Explore efficiencies in the feedback loop • When does Weingarten kick in? And what is best practice for its use? • Share personnel issues and examine strategies to avoid litigation • Be provided with letters of reprimand and sample improvement plans • Develop confidence in your role as chief accountability officer
<p>Strengthening Women’s’ Leadership Cohort II</p> 	<p>3 Full Days</p> <p>\$750</p> <p>20 PDPs</p> <p>November 20 January 17 April 9</p>	<p>Edcamp/Unconference style: Participants choose the topics</p> <p>Cohort I topics included:</p> <ul style="list-style-type: none"> - Building confidence - Managing conflict - Publishing, presenting, and networking locally and internationally - Analyzing the cognitive load and invisible labor of females - Exploring models of sustainability: ours, theirs, and work/life balance

<p>Conflict Management ~ Difficult Conversations ~ Effective Confrontation Responding to the current landscape</p> 	<p>December 18, 2024</p> <p>\$250</p> <p>5 PDPs</p>	<ul style="list-style-type: none"> • Master the art and science of conflict management. • Develop communication skills to navigate difficult people. • Learn the six elements of mastering difficult conversations. • Employ deescalating techniques to common scenarios. • Recognize fear-based behavior and resistance. • Apply specific strategies to five difficult personality types. • Practice difficult conversations for mediations, complaints, and evaluation conferences.
<p>Team Building and Leadership Culture</p> 	<p>January 15, 2025</p> <p>\$250</p> <p>5 PDPs</p>	<ul style="list-style-type: none"> • Master communication protocols • Evaluate your practice to support educator sustainability • Ground decisions in learner centered and culturally proficient principles • Employ practices that emphasize distributive leadership and capacity building • Apply principles of MTSS to your staff • Explore team building strategies of highly effective business models and athletics
<p>MTSS for School Leaders</p> 	<p>March 7, 2025</p> <p>\$250</p> <p>5 PDPs</p>	<ul style="list-style-type: none"> • Develop models for tiered school and district wide screening and progress monitoring • Remove barriers to UDL principles • Employ specific elements of adaptive and collaborative leadership • Review district and school data to support resource allocation at each tier • Use your Strategic Plans and School Improvement Plans to get community and staff buy in • Explore how your current practices and polices support inclusive practices
<p>Influencer in Chief</p> 	<p>May 2, 2025</p> <p>\$250</p> <p>5 PDPs</p>	<ul style="list-style-type: none"> • Move from supporting to pursuing principles of social justice, economic and social equity and humanitarian ideals • Move from depoliticized, vanilla school leadership to politically contextualized policy and practice • Recognize that silence and vanilla school leadership is a disservice to students and actively contributes to systemic failures • Harness your influence in profound and productive ways • Commit to choosing a leadership path of influence • Ground school leadership in principles of common humanity • Leave with renewed gravitas

School Based Offerings		
<p>From Overwhelmed to Empowered: Stress Busting Techniques for Educators</p> 	<p>2.5 Hours 5 PDPs</p> <p>School Based Site</p> <p>Several dates available</p> <p>Diana Chaffalo</p>	<ul style="list-style-type: none"> • Discover practical, research-backed methods to manage and reduce stress, specifically designed for the busy life of an educator. • Learn effective stress-relief practices that can be easily integrated into your daily routine without the need for specialized tools or extensive time commitments. • Experience gentle movements, deep breathing exercises, and relaxation techniques that will help you release tension and rejuvenate your mind and body. • Walk away with a custom stress-management plan and resource handouts to support your ongoing journey toward well-being. • Equip yourself with practical tools that will not only provide immediate relief but also help sustain a more balanced and fulfilling teaching experience.
<p>Improving Executive Function Skills in Adolescents</p> 	<p>2.5 Hours 5 PDPs</p> <p>School Based Site</p> <p>Several dates available</p> <p>David Murphy</p>	<ul style="list-style-type: none"> • Dive into the critical aspects of executive function in adolescent students. • Explore practical strategies to enhance organizational skills, time management, and self-regulation. • Incorporate tools and techniques to support students in developing stronger metacognition, cognitive flexibility, and working memory. • Utilize hands-on activities and real-world examples to apply learned concepts in the classroom.
<p>Empowering Co-teachers: Best Practices for Student Success</p> 	<p>2.5 Hours 5 PDPs</p> <p>School Based Site</p> <p>Several dates available</p> <p>David Murphy</p>	<ul style="list-style-type: none"> • Strengthen collaboration and communication between co-teachers to maximize classroom effectiveness. • Develop a shared instructional vision and align teaching strategies for a cohesive learning environment. • Explore co-teaching models and identify best practices for diverse classroom settings. • Implement reflective practices to continuously improve co-teaching dynamics and student outcomes.

Register at www.edleaderu.com

SNOW DAY MAKE-UP - APRIL 11

Providing educators 🍏 Relevant 🍏 Effective 🍏 Authentic 🍏 Learning experiences with compelling candor!